



What training do I need to Coach?

As Director of Coaching and Player Development for Soccer Nova Scotia (SNS) this is a question that I hear all the time from coaches in our province. I believe that all coaches who are working with young players should have the appropriate training for working with their young players. Combined with experience, understanding the stages of development and age appropriate coaching are critical in the on-going development of our players. Far too often we throw a bag of balls, a few pinnis and cones at a parent and expect them to do a good job working with our players. This approach, for me, is really hit or miss and if the parent has some experience the kids. I feel that a trained coach will have a better experience, and is more likely to come back the following year and coach. Over the past several years there have been many changes to the Canadian Soccer Association's (CSA) coaching development program. The following table summarizes the courses offered and what each course will prepare you to coach.

Course	Duration	Cost	Where offered?	Who is it for?
SNS Mini Coaching Clinics	2 hour clinic	FREE	Clubs/Districts	Under 6 8 10 - Parent/volunteer coaches.
CSA Community Children's	8 hours	\$60	SNS Regions	Under 6 8 10 - Parent/volunteer coaches.
CSA Community Youth	16 hours	\$100	SNS Regions	Under 12 14 Tier 2 A & B
CSA Community Senior	16 hours	\$100	SNS Regions	Under 16 18 Tier 2 A & B
CSA Full Community	All three courses	\$260	SNS Regions	Nova Scotia Soccer League Coaches
CSA Pre B Test	2 days	\$100	SNS	Full Community Coaches
CSA B Part 1 - Provincial	6 days	\$200	SNS	Assistant Coaches – Provincial Program
CSA B Part 2 - National	6 days	\$550	CSA	RTC Head Coaches, Club/District Technical Director. Head Coaches Provincial/Canada Games
CSA A License	20 days	\$1,600	CSA	Provincial Coaching Directors. National Training Center Coaches. National Teams Staff Coaches
CSA Advanced License	7 days	\$650	CSA	A & B License coaches
CSA Instructors Diploma	7 days	\$650	CSA	A & B License coaches
CSA Goalkeeping Diploma	TBD	TBD	CSA	A & B License coaches
CSA Club Head Coach Diploma	5 days	\$450	CSA	Club Head Coaches/Technical Directors

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